

■ **Frequency C**

9.12 Hertz

Color: yellow, Kodak Wratten no. 3

Sites of photoperception:

- On the body:
 - Upper and lower limbs from proximal to distal extremities
- On the ear:
 - Antihelix
 - Helix (ascending branch, knee, and body)

Effects of frequency C:

- functions related to muscle contraction
- Stimulation of muscle agonist–antagonist relationships
- Stimulation of regulation of dopamine secretion

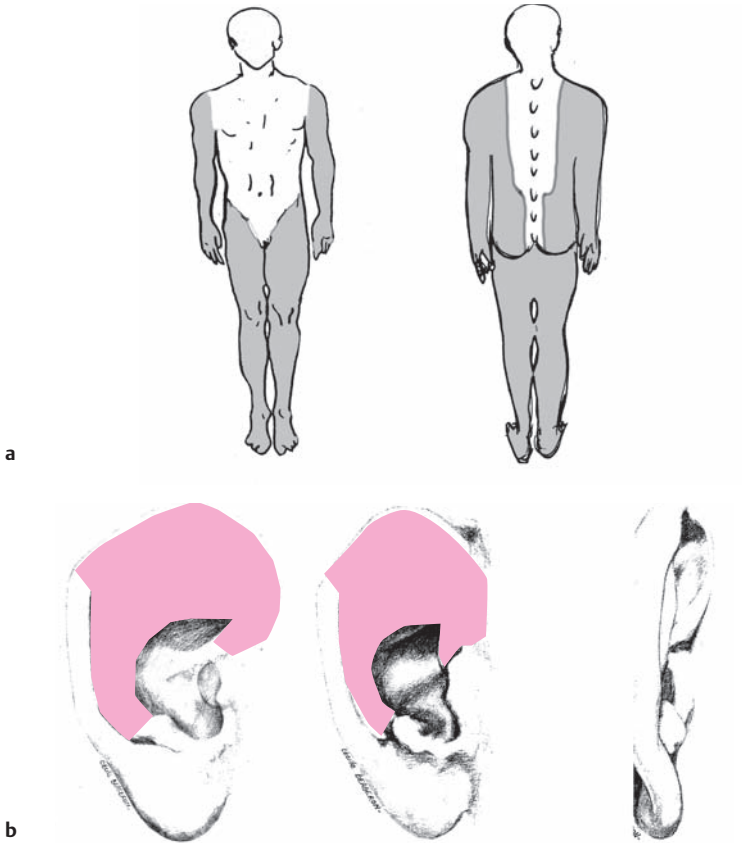


Fig. 69a, b Frequency C