

Table of Contents

1	Indications and Contraindications	1
	Indications	1
	Diagnostic CT Colonography	1
	Screening CT Colonography	5
	Contraindications	6
2	Examination	9
	Patient Preparation	9
	Standard Bowel Preparation Protocol	9
	Marking Stool and Residual Fluid (Fecal/Fluid Tagging)	13
	Reduced Bowel Preparation	17
	Laxative-Free (Noncathartic) CT Colonography	18
	ESGAR Consensus Statement on Bowel Preparation	18
	Colon Distension	18
	Basic Principles and Preparation	19
	Distension Technique	21
	Positioning the Patient	23
	CT Scout Image	25
	CT Examination Technique	28
	Multidetector CT Protocols for CT Colonography	28
	Intravenous Contrast Media	32
	Risk Profile of CT Colonography	36
	Perforation	36
	Cardiovascular Effects	40
	Radiation Exposure	40
	Drug-Induced Reactions	40
3	Image Interpretation	43
	Data Analysis and Interpretation Strategies	43
	2D Evaluation	43
	3D Evaluation	47
	Performing the Evaluation	49
	3D Applications	52
	Additional 3D Projections	52
	3D Tools	54
	Advanced 3D Visualization Techniques	58
	Polyp Measurement	62
	Criteria for Correct Measurement of Polyps	62
	Techniques for Measuring Polyps	62
	Influence of Fecal Tagging	65
	Discrepancies between CT Colonography and Optical Colonoscopy Findings	65
	Computer-Assisted Detection of Polyps	66
	Principles	66
	Use in Practice	70
	Interpretation Strategies Using CAD	71
	Influence on Interpretation Time	73
	What to Bear in Mind when Using CAD	74
	Future Perspectives	74

4 Findings at CT Colonography	79
Normal Anatomy of the Colon and Rectum	79
CT Morphology of the Bowel Wall	79
Bowel Segments and Distension	82
Positional Anomalies and Variations in Length	86
Diverticular Disease	87
Pathogenesis	88
Morphology at CT Colonography	88
Polypoid Lesions of the Colon	91
Characterization of Polypoid Lesions at CT Colonography	91
Polyps	94
Polypoid Filling Defects of Extracolonic Origin	108
Malignant Diseases of the Colon and Rectum	110
Colorectal Carcinoma	110
Colorectal Lymphoma	119
Inflammatory Bowel Disease	121
Diverticulitis	122
Chronic Inflammatory Bowel Disease	123
Ileocecal Region	130
Postoperative Findings	130
Neoplastic Changes	131
Inflammatory Changes	134
CT Colonography for Surveillance after Colorectal Surgery	135
Follow-Up after Colorectal Surgery	135
Role of CT Colonography and Examination Technique	135
Colorectal Anastomoses	135
Metachronous Lesions of the Colon	139
Distant Metastases	139
CT Colonography in Patients with a Colostomy	139
Colonic Stents	139
Pitfalls and Artifacts	140
Technical Errors	141
Pitfalls in Data Evaluation	142
Interpretational Errors	145
Extracolonic Findings	155
Classification	155
Frequency and Distribution	157
Controversial Aspects	158
Strategies for Improving Detection and Differentiation of Extracolonic Findings	158
Recommendations on Best Practice for Reporting	159
5 How to Generate a Useful Report	165
Components of the Report	165
Indication	165
Technical Description	165
Findings	165
Impression and Recommendations	166
Disclaimer on the Limitations of the Method	166
Inclusion of Images in the Report	168
Strategies for the Standardization and Documentation of Findings	168
ESGAR Consensus Statement on the Documentation of Colonic Lesions	168
C-RADS—CT Colonography Reporting and Data System	169
American Gastroenterological Association	173
Controversies in Documentation	174
6 Screening	177
Epidemiology of Colorectal Carcinoma	177
Screening Requirements	177
Choice of Screening Procedure	179
Fecal Occult Blood Test	179
Sigmoidoscopy	180
Colonoscopy	180
CT Colonography	180

7	How to Train for CT Colonography	187
	CT Colonography is Different from CT of the Abdomen	187
	The Colon is a Complex Organ	187
	Common Mistakes in CT Colonography Due to Lack of Expertise	188
	CT Colonography Requires Special Training	188
	Computer-Assisted Detection as a Training Method	190
	How Many Proven Cases Ought to Be Interpreted?	190
	Is CT Colonography Just Too Difficult?	191
	Index	193
