

Index

Note: Page numbers set **bold** or *italic* indicate headings or figures/tables, respectively.

A

- Abdominoplasty, 14, 42, 60, 73
- Ablative laser resurfacing, **98**
- Ablative lasers, 95
- Ablative microthermal treatment zones (MTZs), 102
- Absolute contraindication, 115
- Absorbable sutures, 352
- Accreditation Association for Ambulatory Health Care (AAAHC), 72
- Accreditation of ambulatory surgery, 72
- ACE inhibitors, 425
- Actinic keratoses, 79
- Active smoker, 55
- Active smoking status, 404
- Acyclovir, 96
- Adequate oxygenation, 39
- Adipose-derived stromal cells, 159
- Aesthetic male dimorphic trait, 9
- Aesthetic medicine, standard of care in, 10
- Aesthetic medicine, 10
- Aesthetic procedures, 7, 10
 - blepharoplasty, 7
 - body contouring, 7
 - breast, 7
 - cultural differences in, 10
 - gender and, 10
 - popularity of, 10
 - social acceptance of, 10
- Aesthetic surgeon, 8, 11, **13**
 - photography for, **13**
 - practice, 8
- Aesthetic surgery, **3**, 5, 10–11, **19**, **27**, **32**, **37**, **42**, **49**, **55**, **60**, 357
 - anatomy in, 11
 - candidacy, 5
 - compromise in, 11
 - decreasing complications in, 55
 - medicolegal considerations in, **19**
 - patient, **3**, **27**, **32**, **37**, **42**
 - safety considerations, **49**
 - venous thromboembolism and, **60**
- Aesthetics of gender affirmation surgery, **487**
- Aggregate risk factor score, 62
- Alar base, 345
- Alcohol consumption, 55, 58

B

- Alcohol-based antiseptics, 59
- ALK-negative T-cell lymphocytes, 401
- Allantoin sulfomucopolysaccharide gel, 58
- Allergan, 358
- Allergic contact dermatitis, 83
- Allogeneic graft material placement, 181
- Allografts, 350
- Alloplastic augmentation, 366
- Alpha-2-adrenergic agonist, 30
- Alpha-hydroxy acids, 81, 83
- Amastia, 389
- Ambulatory surgical center, 27
- American Association for Accreditation of Ambulatory Surgery Facilities (AAAASF), 69, 72
- American Association of Plastic Surgery (AAPS), 60
- American Medical Association (AMA), 70
- American Society of Anesthesiologists, 34
- American Society of Plastic Surgeons (ASAPS), 70
- American Society of Plastic Surgeons (ASPS), 62, 64, 70
- Ancient Egypt, 10
 - beauty products in, 10
 - eye makeup in, 10
 - functional beauty products in, 10
 - gender and appearance in, 10
 - Kohl in, 10
 - symbolism of beauty in, 10
- Ancient Egyptians to enhance appearance, 8
- Ancient Greek idealism, 10
- Angiokeromas, 97
- Anguloplasty, 361
- Anterior thoracic hypoplasia, 389
- Antibacterial properties of kohl, 10
- Antibiotic ointments, 104
- Antibiotic ophthalmic ointment, 124
- Anti-inflammatory drugs, 79
- Antimicrobial agents, 56
- Antiplatelet medications, 407
- Antituberculosis medications, 425
- Arbutin, 88
- Arnold's nerve, 375
- Arrhythmias, 122
- Artiss (Baxter), 171
- Artistry of plastic surgery, **8**
- Ascorbic acid, 101, 132
- Aseptic techniques, 399
- Asian blepharoplasty, **249**
- Asian nose, ethnic characteristics, 346–349
- Aspirin, 404
- Atrial fibrillation, 29, 122
- Attractiveness, 11
- Augmentation genioplasty, 370
- Augmentation-mastopexy, 406, **408**, 410, 412
 - patient's last mammogram, 410
 - single-stage, 410, 412
 - tissue-based planning, 410
 - two-stage, 410
- Auricular cartilage, 60, 350
- Auriculotemporal nerve, 375
- Autologous fat grafting, 359
- Autologous free bone graft, 180
- Averageness of melanoma, 76
- Averageness, 11
- Azelaic acid, 88

B

- Bacitracin, 104
- Baker classification, 400
- Beta blockers, 34
- Bilateral brachioplasty, 60
- Bilateral silicone implant breast augmentation, 56
- Bimanual technique, 426
- Bio-occlusive dressings, 103
- Black nose, characteristics, 346–347
- Blepharoplasty, 53
- Blepharoplasty, aesthetic procedures, 7
- Blepharoptosis, **265**
- Bloodborne pathogen risk, 172
- Body contouring, aesthetic procedures, 7
- Body contouring in massive-weight-loss patients, **466**
- Body dysmorphic disorder, and surgery, 3
- Body dysmorphic disorder, 6, 21
- Botox, 136
- Botulinum toxin, **134**, 138
- Boxy breast appearance, 416
- Brachioplasty, **436**
- Brag books, use of, 23
- Breast, 7, 53

- aesthetic procedures, 7
reduction, 53
- B**
Breast anatomy, **387**
Breast augmentation, **392**, 396–398
 polyurethane-covered implants, 397
 saline implants, 396
 silicone implants, 396, 397
 subglandular/subfascial implants, 398
- Breast augmentation, **392**
Breast augmentation alone, 411
Breast cancer incidence, 420, 427
Breast cancer, 410
Breast hypertrophy, 416
Breast implant associated anaplastic large cell lymphoma (BIA-ALCL), 397, 401
- Breast meridian, 417
- Breast parenchyma, 391, 398, 416
- Breast reduction, **413**
- Breast surgery, **385**
Breastparenchyma, 399
- Breslow thickness, 79
- Brow ptosis, 137
- Burial settings and beauty products, 10
- Buttock augmentation, **442**
- C**
Calcium channel blockers, 425
Calcium hydroxyapatite, 146
Caprini Risk Assessment Model, VTE risk assessment, 62
- Caprini Risk Assessment Model, 60
- Capsular contracture, 400
- Capsulectomy, 400
- Carbon dioxide laser, 101
- Cardiac implantable electronic devices, 34
- Cardiff Scales of reproduction, 15
- Carpal tunnel release, 53
- Cartilage graft, 180
- Cartilage-breaking technique, 380, 382
- Cartilage-molding techniques, 380
- Catastrophic intraoperative disaster, 130
- Caudal septum, 352
- CD30-positive lymphocytes, 401
- Cefazolin, 371
- Cell types, UV protection to skin, 74
- Center for Medicare and Medicaid (CMS), 69, 71
- Center for Medicare Services (CMS), 70
- Centers for Disease Control (CDC), 33
- Central nervous system symptoms, 41
- Central pedicle, 417
- Cephalo-caudal angle, 17
- Cephalometric measurements, 15
- Cephalosporin, 350
Cephalosporin, first-generation, 371
- Cerebral vascular disease, 30
- Chamois, 103
- Chemical depilatories, 86, 89
- Chemical peels, **115**
- Chemodenervation, 136, 145
- Childlike facial features, 11
- Chin deformity and correction, 368
- ChloraPrep, 59
- Chlorhexidine/alcohol preps, 54
- Chondritis, 383
- Chondrocytes, 180
- Chromophore, 95
- Chromophore melanin, 113
- Chronic opioid use, 42–43
- Cigarette smoking, 58
- Circumferential abdominoplasty, 63
- Classical beauty, 10
- Classical beauty, symbolism of, 10
- Climbing flight of stairs, 30
- Clinical studies in aesthetic medicine, 10
- Clobetasol propionate, 132
- COAPT systems, 175
- Code of Federal Regulations, 69, 71
- Coherent light, 95
- Cold compresses, 124
- Coleman technique of fat preparation, 156
- Collagen denaturation via heat, 110
- Collagen synthesis, 75
- Collagen vascular disease process, 146
- Computer-imaging program, 345
- Conchal cartilage, 379
- Concomitant mastopexy, 49
- Consistent skin care regimen, 7
- Contour irregularities, 147
- Converse-Wood-Smith technique, 380
- Cooper's ligaments, 391
- Coracoid process, 391
- Corneal abrasions, 31
- Corneal eye shields, 110
- Corrugator supercilii, 136
- Cosmeceuticals and other office products, **81**
- Cosmetic sclerotherapy treatment, 162
- Cotton-tipped applicator, 124
- Cross radial technique, 148
- Croton oil peels, 122
- Cryogenic cooling spray, 110
- Cultural differences in aesthetic procedures, 10
- Cupid's bow, 361
- Cutis laxa, 78
- D**
Dacron patch, 396
- Dantrolene, 31, 41
- Davison-Caprini risk assessment, risk factors, 51
- Davison-Caprini risk assessment, 51
- Decreases seroma rates, 185
- Deep vein thrombosis (DVT), 54
- Deficient premaxilla, 347
- Deformities, 351
- Delayed hypopigmentation, 113
- Delayed wound healing, 44, 55
- Delays epidermal regeneration, 77
- Dense white frost, 122
- Dermabrasion, **126**, 129–130
- Dermal fat grafting, 359
- Dermal hyperpigmentation, 121
- Dermal papilla, 113
- Dermal peels, 121
- Desired vs. achievable outcomes in surgery, 11
- Dexmedetomidine, 28, 30
- Digital image-morphing software, 345
- Disease resistance, 11
- Displacement/extrusion, 350
- Disproportionate filler, 153
- Dizziness, side effects of gabapentin, 44
- DNA-damaging pyrimidine dimers, 84
- Dormant herpetic infection, reactivation of, 125
- Dorsal augmentation, 351
- Dorsal augmentation graft, 350
- Dorsum, 351
- Double gloving, 54
- Double-bubble deformity, 398
- Dryness, 87
- Dual plane dissection, 399
- Dynamic rhytids, 79
- Dyschromias, 120
- Dyspigmentation, 353
- Dysrhythmias, 122
- E**
Ear deformities, 380
- Ectoderm, 389
- Edema, 157
- Elective cosmetic surgery, 32
- Electronic medical records, 22
- Emotional response postoperative timeline, 4
- Encapsulation, 368
- Endotine fixation devices, 176
- Endotine tacks, 175
- End-stage renal disease (ESRD), 29
- Epidermal cell layer, 74
- Epidermal peels, 121
- Erbium laser, 103
- Erbium lasers, 95
- Erbium-doped 1550 nm, 109
- Erbium:yttrium aluminum garnet (ER: YAG) laser, 101

- Erythema, 114, 132
 Erythematous perioral rash, 81
 Essential adjuncts to facial rejuvenation, 4
 Estradiol, 34
 Estrogen sensitivity, 416
 Ethnic rhinoplasty, **340**
 Ethnic skin care, **85**
 Evidence-based practice in aesthetic medicine, 10
 External aesthetic ideals, 11
 External motivation, 5
 External nasal skin, 351
 Extraoral approach, 370
 Eye makeup in ancient Egypt, 10
- F**
 Face anatomy, **199**
 Facelift, **289**
 Facelift, aesthetic procedures, 7
 Facial analysis, **211**
 Facial attractiveness, 8
 Facial photography, 15
 Facial tattoo, 95
 Factor V Leiden, 54
 Factor V Leiden gene, 57
 Factors influencing satisfaction and recovery, 3
 Famciclovir, 96
 Fanning technique, 149, 151
 Fast injection, 153
 Fat embolism, 52
 Fat grafting, **154**
 Female aesthetic genital surgery, **472**
 Female sex portrays facial features, 11
 Fibrillar bleeding, 103
 Fibrin sealant, 171–172
 Fibrin tissue sealant, 171
 Fibrofatty layer, 345
 Fibrous, 425
 Filler injection, 196
 Fire safety, 37
 Fish oil supplementation, 36
 Fitzpatrick scale, classification, 87
 Fitzpatrick scale, 85
 Fitzpatrick skin type classification, 95, 96, 128
 Fitzpatrick skin type V, 108
 Fixation devices, **173**
 Flared nostrils, 352
 Flumazenil, 31
 Fluoroquinolone, 350
 Focal length of lens, 13
 Follicular phase, 391
 Fractional laser, 111
 Frankfort horizontal plane, 15
 Free-nipple graft technique, 417
 Frontalis, 196
- Functional beauty products in ancient Egypt, 10
 Furnas technique, 379
 Furosemide, 31
- G**
 Gabapentin, 42, 44
 in multimodal analgesia, 42
 sedation and dizziness, 44
 Gag reflex, 31
 Gastrointestinal perforation, 52
 Gaussian distribution of intensity, 111
 Gender affirmation surgery, **487**
 Gender and aesthetic procedures, 10
 Gender and appearance in ancient Egypt, 10
 Generic biomaterial, properties for, 180
 Genetic diversity, 11
 Genetic hypercoagulable disorder, 51
 Genioplasty, **362**, 365–366
 Gland density, 77
 Glanzman disease, 57
 Glucocorticoids, 371
 Glue only technique, 172
 Glycerin, 83, 163
 Glycosaminoglycan gel, 58
 Granulomas, 352
 Greek classical ideal, 10
 Gut feeling, 6
 Gynecomastia, **421**, 425, 427
- H**
 Hair removers, 86
 Hair transplantation, **226**
 Hallucinations, 44
 Health Insurance Portability and Accountability Act (HIPAA) regulations, 14
 Hematologic coagulopathy, 55
 Hematoma, 383, 407, 420
 Hematoma formation, 39, 404
 Hemoglobin A1c, 32
 Hemophilia A, 57
 Herbal medicines, 57
 Herbal supplements, 33, 35
 Herpes simplex infection, 119
 Herpes simplex virus, 96
 High detergent surfactants, 81
 High-energy ablative lasers, 95
 Hispanic nose, ethnic characteristics, 346–349
 Hormone replacement therapy, 50
 Household income, 396
 Hyaluronic acid, 358
 Hyaluronic acid fillers, 147
 Hyaluronidase increases tissue diffusion, 102
 Hyaluronidase injection, 358
 Hydroquinone, 88, 96, 101, 123
- Hydrostatic dissection, 350
 Hyperpigmentation, 104–105, 114, 132, 164, 352
 Hypertrophic breast tissue, 424
 Hypervascularity, 111–112
 Hypopigmentation, 85, 95, 113, 165, 352
 Hypothermia, 54
- I**
 Ice packs, 124
 Idiopathic, 425
 atherologic causes, 425
 harmacologic causes, 425
 hysiologic causes, 425
 pathologic causes, 425
 Immunomodulators, 88
 Implant types, 368
 Implantable cardioverter-defibrillators (ICDs), 32
 Implants and alloplasts (nonbreast), **178**
 Inaccurate volume, 158
 Indications to refuse surgery, 4
 Individualized approach, 352
 Induced-pluripotent stem cells (iPSCs), 77
 Infection, prophylaxis, 350
 Infection, 354, 383, 407
 Infectious disease transmission, 181
 Inferior labial artery, 365
 Inflammation, 352
 Informed consent process, 401, 407
 Inframammary fold (IMF), 411
 Inframammary fold (IMF) incisions, 398
 Inframammary fold wedge resection, 406
 Infraorbital nerve, 198
 Injectable fillers, 358
 Inorganic filters, 84
 Inorganic sunscreen, 89
 Intense pulsed light, 112
 Internal aesthetic goals, 11
 Internal motivation, 5
 Internal vestibular skin, 351
 Intra-arterial injection, 159
 Intraoral approach, 370
 Invasive procedures, safety of, 10
 Inverted-T mastopexy, 407
 Iron-deficiency anemia, 53
 Isotretinoin, 96
 Isotretinoin therapy, 119, 129
 IV antibiotics, 383
- J**
 Jessner's solution, 121
 Jeune syndrome, 390
 Jones muscle, 197

- Jumping genioplasty, 369
Juv derm (Allergan), 358
- K**
Keller funnel, 399
Kelocote, 58
Ketamine, 44
Ketamine, side effect of, 42
Klinefelter syndrome, 424
Kohl in ancient Egypt, 10
Kojic acid, 88
- L**
Lactic acid acts, 88
Laryngeal mask airway (LMA), 72
Laser resurfacing, 96
Laser therapy, basics of, **93**
Lateral canthopexy, **261**
Lateral cartilage, 347
Lateral crural grafts, 352
Lateral crural strut grafts, 352–353
Latissimus dorsi flap, 389
Lead-based makeup, 10
Levator palpebrae muscle, 196
Lidocaine toxicity, 41
Linear threading, 147
Lip augmentation, **355**
Lipid emulsion therapy, 41
Lipoma excision, 53
Liposuction, cause of death, 49
Liposuction, 23, 38, 53, 407, **431**
Lobule, 376
Low detergent surfactants, 83
Lower blepharoplasty, **242**
Lower eyelid, injecting in region of, 151
Lower lateral chest wall, 389
Lower vascular demand, 349
Lumpiness, 147
Luteal phase, 391
Lymphatic malformations, 97
- M**
Macrophage, 78
Malabsorptive procedures, 53
Malar fold augmentation, 150
Malar region, 147
Malignant hyperthermia, 28, 31
Malignant melanoma, 76
Malocclusion, 366
Masseter hypertrophy, 137
Massive weight loss, 40
Mastectomy, 390
Mastoid fascia, 379
Mastoid process, 377
Mastopexy, **402**, 404–407
Mattress suturing, 382
Medi spa and other practice considerations, **69**
Medial and lateral breast pillars, 406
- Medial Thigh Lift, **461**
Medium-depth peel, 120
Medpor implants, 181
Melanin production, 87
Melanocytes, 77, 352
Melanocytic pigmentations, 97
Melanosomes, 353
Melasma, 123
Mental nerve, 365
Mentalis, 365
Metabolic equivalents (METs), 28
Microdermabrasion, 127, 132
Microthermal treatment zones (MTZs), 102
Microvascular insufficiency, 58
Middle Eastern nose, ethnic characteristics, 346–349
Midface rejuvenation, **270**
Mid-reticular dermal injury, 122
Mild pupura, 111
Milia, 130
Mini-Mitek anchor device, 176
Mobile tissue recipient site, fixation of graft, 180
Moderate sedation, 28, 31
Moisturizers acts, 81
Monochromatic light, 95
Monopolar radiofrequency devices, 113
Motor/sensory deficit, 371
Mucoperichondrial flaps, 350
Mucosa, 158
Multimodal pain management, 53
Multiple procedures, percentage of, 3
Mupirocin, 104
Mustard technique, 378–379
- N**
Naloxone, 31
Nasal stiffness, 350
Nasolabial fold, **297**
Nasolabial fold augmentation, 150
Nasolabial folds, 152
Natural horizon facial plane, 15
Nature's ideal vs. mankind's ideal, 10
Neck anatomy, **199**
Necklift, **305**
Neonatal cartilage, 375
Neoteny, 11
Nerve blocks administration, 42
Neurapraxia, 371
Neurotoxin, 136
Neutrophils, 78
Nightmares, 44
Nipple areolar complex (NAC), 399
Nipple necrosis, 427
Nipple-areola complex (NAC), 404
Nipple-areolar complex, 416–417, 419
Nonablative laser resurfacing, **106**
- Non-antibiotic petroleum-based ointment, 104
Nonfacial peels, 121
Nonfavorable internal branding strategy, 69
Nonfunctioning elastase inhibitor, 78
Noninvasive body contouring, **477**
Noninvasive cosmetic procedures, 71
Noninvasive procedures, 10 safety of, 10
Nonphysician aesthetic providers, 70, 73
Normal occlusion (angle class I), 366
Northern European heritage, 86
Nostrils, 346
- O**
Obstructive sleep apnea (OSA), 34
Open-circuit oxygen delivery, 39
Ophthalmic ointment petrolatum, 124
Opioid abuse, 45
Oral hypoglycemics, 34
Orbicularis oculi, 196
Orbicularis oris, 365
Orthognathic surgery, 366
Osseous genioplasty, 366, 369–370
Osteotome, 352
Osteotomies, 351
Osteotomy, 365
Otoplasty, **372**
Outcomes, 345
Overbite, 366
- P**
Palpability of ribbon, 176
Palpation, 345
Papillary dermis, 103, 122
Parenchymal quality, 405
Patient dissatisfaction, 407
Patient well-being and aesthetic procedures, 10
Pectoralis minor, 391
Periareolar mastopexy, 405, 407, 410
Periareolar scar, 407
Periareolar techniques, 405
Perioperative chemoprophylaxis, 64
Perioral rejuvenation, **280**
Periorbital anatomy, **193**
Peripheral microvascular vasoconstriction, 78
Peripheral neuropathies, 31
Permanence, 180
Perpendicular incision, 353
Personal medical history, 62
Phenol-croton oil, 125
Photoacoustic effect, 112
Photoaging, 84
Photodamage, 84

- Photodamaged skin, 82
 Phototherapy, 88
 Pigmentation inhibitors, 85
 Pigmented skin, 84
 Pink-white frost, 122
 Pitanguy's point, 417
 Plastic surgery, artistry of, 8
 Plastic Surgery Foundation, 64
 Pogonion, 370
 Poland syndrome, 389–390
 Poly-L-lactic acid (PLLA), 152, 358
 Polymastia, 389
 Polymethylmethacrylate, 358
 Polymyxin B, 104
 Polyurethane-covered implants, 397
 Porous polyethylene, 371
 Porous polyethylene implants, 368
 Post-blepharoplasty patients, 16
 Posterior auricular arteries, 375
 Posterior skin excision, 379
 Post-inflammatory hyperpigmentation, 105
 Postinflammatory hyperpigmentation, 86, 88, 123
 Postmenstrual phase, 391
 Postoperative hematoma, 39
 Postoperative nausea and vomiting (PONV), reduced incidence of, 29
 Postoperative nausea and vomiting (PONV), 28–29, 53
 Postoperative period, emotions in, 6
 Premature thelarche, 390
 Premature ventricular contractions, 122
 Preseptal orbicularis, 197
 Presumptive OSA, 34
 Presynaptic nerve terminals, 136
 Principles guiding aesthetic surgeons, 11
 Problem-specific surgical history, 345
 Progressive tension sutures, 183
 Prominent veins, treatment of, 160, 163
 Prophylactic antibiotics, administration of, 49–50
 Prophylactic antiviral therapy, 125
 Proportion and symmetry in beauty, 10
 Protein C, 54
 Pseudoptosis, 404
 Psychiatric illness, 6, 45
 Psychological indicators, 6
 Psychological studies in aesthetic medicine, 10
 Ptosis, 404–406, 412
 grade I, 405
 grade III, 404
 recurrent, 406, 412
 Regnault classification of, 404, 405
 Pulmonary embolism, 20, 52
 Pulsed dye laser, 112
 Punctate bleeding, 131
- Q**
 Q-switched alexandrite, 112
 Q-switched lasers, 95
 Q-switched ND:YAG laser, 109
 Quadratus (depressor) labii, 365
 Quill suture, 176
- R**
 Radiesse (Merz), 358
 Red flag scenarios, 3
 Reduction genioplasty, 369
 Re-epithelialization, 96, 101
 Regnault classification of ptosis, 404–405
 Renaissance, 10
 re-adoption of Greek ideals, 10
 study of nature in, 10
 Renaissance and beauty, 10
 Renal insufficiency, 29
 Resorption, 180
 Restylane (Galderma), 358
 Retinol, 84
 Retracted columella, 347
 Retroglandular space, 419
 Retroorbital hematoma, 195
 Revised Cardiac Risk Index, 29
 Revised Cardiac Risk Index (RCRI), 27
 Revision rhinoplasty timeframe, 4
 Rhinoplasty, 315
 Rho kinase, 136
 Rhytidectomy, 37
 Rhytides, 97
 Riedel line, 367
 Rosacea, 112
 Ryanodex, 31
- S**
 Saline implants, 396
 Scar contracture of inferior oblique muscle, 195
 Scar dyschromia, 111
 Scar formation, 23, 75
 Sclerotherapy consultation, 162
 Sebaceous skin, 346–347
 Secondary rhinoplasty, 328
 Sedation, side effects of gabapentin, 44
 Septal cartilage, 346–347, 352
 Septal grafts, 349
 Septorhinoplasty, 23
 Sequential compression devices (SCDs), 60
 Seroma, 427
 Seroma formation, 171
 Severe hypertrophy, 425
 Severe pulmonary hypertension, 35
 Sexual dimorphism, 9, 11
 Silicone, 358
 Silicone gel ointments, 58
 Silicone gel sheeting, 58
 Silicone implants, vs. saline implants, 396
 Silicone implants, 396–397, 401
 Single gloving, 54
 Single-stage augmentation-mastopexy, 410, 412
 Skin grafting, 185
 Skin laxity, 407
 Skin necrosis, 427
 Skin redness or pinch test, 426
 Skin resurfacing techniques, 111
 Skin, sebaceous, 345
 Skin testing, 152
 Skin whitening, 111
 Sliding genioplasty, 369
 Smart text entries, 22
 Smoky eye makeup origins, 10
 Social acceptance of aesthetic medicine and surgery, 8
 Social acceptance of aesthetic procedures, 10
 Social instability, 396
 Sodium cocoyl isethionate, 83
 Soft tissue correction, 368
 Soft tissue fillers, 140
 Spreader grafts, 351
 Staged skin excision, 426
 Staging mastopexy, 406
 Standard liposuction, 53
 Standard of care in aesthetic medicine, 10
 Static rhytids, 79
 Static versus dynamic rhytids of face, 76
 Steroids, 354, 400
 Stevens-Johnson syndrome, 78
 Stitch abscess, 353
 STOP-BANG questionnaire, 36
 Stratum basale, 77
 Stratum corneum, 87
 Stratum corneum shedding, 87
 Structural grafting, 350
 Subdermal fat atrophy, 113
 Subdermal plexus, 350
 Subglandular implants, 400
 Subglandular/subfascial implants, 398
 Submandibular lymph nodes, 197
 Suborbicularis oculi fat (SOOF), 195
 Suction lipectomy, disadvantages, 416
 Suction-assisted lipectomy, 23
 Suction-assisted liposuction (SAL), 426

- Sulfamylon, 383
 Sun protection and makeup, 10
 Sunscreen use, 89
 Super pulse, 109
 Superficial musculopaponeurotic system (SMAS) flap, 64
 Superficial peel, 120
 Superficial peels glycolic acid, 125
 Superficial regions requiring multilevel filling, 144
 Superficial reticular dermal injury, 122
 Superficial suture placement, 186
 Superficial temporal arteries, 375
 Superior and superomedial pedicle breast reduction, 416
 Supernumerary breast, 390
 Supraperiosteal, 157
 Supratrochlear artery, 158
 Supraventricular tachycardia, 122
 Surgical site infections (SSIs), rates, 51
 Surgical site infections (SSIs), 51
 Suture fixation, 379
 Swallow reflex, 31
 Swinging-door maneuver, 352
 -switched ND:YAG laser, 109
 Synechia formation, 353
- T**
 Tactile stimulation, 31
 Tanner scale, 390
 Taping, 58
 Tear trough deformity, **258**
 Telangiectasias, 112, 164
 Testosterone, 425
 Three-dimensional stereophotogrammetry, 345
 Thromboembolism, 52
 Tissue glues, **169**
 Tissue necrosis, 358
- Tissue plasminogen activator (tPA), 54
 Titanium alloy, 181
 Topical anesthesia, 110
 Topical antioxidant, 82
 Topical corticosteroids, 101
 Topical steroid cream, 132
 Topical steroids, 88
 Total dose of anesthetic affects, 44
 Total intravenous anesthesia (TIVA), 27
 Traction rippling, 399
 Transient eyelid ptosis, 138
 Trenitoin, 96
 Trichloroacetic acid, 122
 Truncal lipocontouring, 14
 Truncal procedures, 17
 Tuberous breast deformity, 407
 Tumescent anesthesia, 102
 Tumescent infiltration, 40
 Two-stage augmentation-mastopexy, 409
 Tyrosinase inhibition hinders pigmentation, 84
 Tyrosinase-inhibiting serum/moisturizer, 84
- U**
 Ultrasound-assisted liposuction (UAL), 425
 Ultrasound-guided fine needle aspiration (FNA), 401
 Ultratine tack, 175, 177
 Underbite, 366
 Upper blepharoplasty, **236**
 Upper/lower vermillion, 357
 Urine hCG, 27
- V**
 V extension, 382
- Valacyclovir, 96
 Vascular calcification or plaque, 162
 Vascular lesions, 97
 Vascular occlusion, 358
 Venous thromboembolism (VTE), 49–50, 57, 62, 64
 Ventilation systems, 111
 Ventricular fibrillation, 122
 Verbal stimulation, 31
 Vermilion, 158
 Vermilion border, 137
 Vertical mastopexy, 405
 Vitamin or mineral deficiency, 50
 Vitruvius' principles in surgery, 11
 V-Loc barbed suture, 176
 Von Willebrand disease, 57
 V-Y advancement, 359
- W**
 Wavelength-specific light absorption, 95
 Well-controlled diabetes, 103
 Westernization of features vs. maintenance of natural characteristics, 345
 Wide-barrel fraise with fine-grade diamonds, 131
 Wise-pattern approaches, 411
 Wise-pattern mastopexy, 406
 Witch's-chin deformity, 368
 Wound healing, 75
 Wound-healing problems, 407
- Y**
 Yttrium scandium gallium garnet (YSGG) fractional lasers, 101
- Z**
 Zyderm, 358